

Quality Improvement Initiative

Reduce Falls and Minimize The Risk of Serious Injury from a Fall and Reduce Restraint Use

at Providence Manor

Leads: Cheryl Knott, Connie Cordeiro & Regina Mitchell

Goals
Outcome measures
Target

All Providence Manor residents are considered at high risk for falls. Fifty-three percent (53%) of residents have had at least one fall in 2015 and 64% of those falls were because of balance and coordination.

Goals

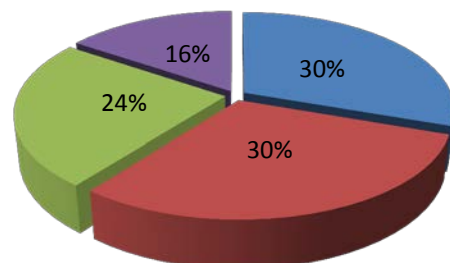
- ➔ Reduce physical restraint use at Providence Manor.
- ➔ Reduce harmful falls¹ at Providence Manor.

Accomplishments in 2015!

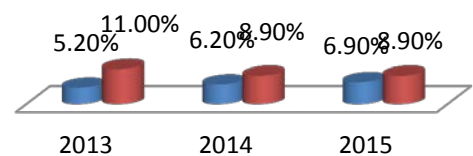
- ➔ Percentage of residents with a physical restraint: 6.9% — Provincial average: 8.9%
- ➔ Initiated staff education through the Centre for Studies in Aging and Health at Providence Care

How Falls Occured (Top 4) 2015

- Found on floor- unwitnessed
- While ambulating - with or without assistance (eg. using walker)
- Self-toileting; trying to get to the bathroom; slipped in urine/stool
- From bed (no rails, 1 or 2 or 3 split-rails raised)



■ Restraints Providence Manor (Q2 Unadjusted)
■ Restraints Ontario Average (Health Quality Ontario)



Plans for 2016/17

- ➔ Continue our efforts to reduce falls and harmful falls at Providence Manor by focusing on residents who fall frequently.²
- ➔ SafetE-net Education.
- ➔ Encourage use of hip protectors.
- ➔ Continue to review and reduce use of restraints

¹ Transfer to the Emergency Department

² Residents who fall ≥ 3 times per month.

Plans for
2016/17

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