

## **St. Mary's of the Lake Hospital**

Providence Care's St. Mary's of the Lake Hospital is a teaching hospital affiliated with Queen's University, St. Mary's specializes in rehabilitation, specialized geriatric services, complex continuing care and palliative care. Services extend across the continuum of care - inpatient, outpatient, and community.

### **Complex Continuing Care**

This 72-bed inpatient program is for adults with multiple health problems who require 24-hour nursing care. The program includes four respite beds to provide relief to families who are caring for a disabled or elderly relative at home.

### **Palliative Care**

This 6-bed palliative unit, part of the larger complex continuing care program, provides compassionate care for patients and their families at a time when treatment aimed at curing or prolonging life is no longer appropriate. Palliative care patients have nursing care needs that can no longer be met in the community and benefit from a team approach to intensive symptom assessment and management.

### **Specialized Geriatric Services**

This program provides specialized care for seniors with complex health needs. Specialized Geriatrics, in collaboration with Queen's University Division of Geriatric Medicine, provides a regional resource in assessment, rehabilitation, education, research and evaluation. Clinical services include an inpatient unit and day hospital at St. Mary's as well as outpatient clinics, consultation and outreach assessments in people's homes, in long-term care facilities and in hospitals in southeastern Ontario.

### **Physical Medicine and Rehabilitation**

This program offers a wide range of inpatient and outpatient rehabilitation services for people recovering from physical injury, illness or disease. The 46-bed inpatient service is for adults requiring an intensive, interdisciplinary program of rehabilitation. St. Mary's specializes in helping people who have experienced acquired brain injury, amputation, musculoskeletal problems, spinal cord injury or stroke. The goal is to help individuals become as independent as possible. St. Mary's also offers outpatient rehabilitation as well as a Regional Community Brain Injury Service, which provides outpatient rehabilitation and support services for adults with acquired brain injury.

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*Providence Care:*

◆ St. Mary's of the Lake Hospital ◆ Mental Health Services ◆ Providence Manor  
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