

Mental Health Services

Providence Care Mental Health Services (MHS) is a regional provider of specialized services to adults with serious mental illness. An accredited 198-bed facility, MHS provides treatment through three clinical program areas – Adult Treatment and Rehabilitation, Geriatric Psychiatry and Forensic Services. Each of these offers a continuum of care – inpatient, outpatient and community – with an emphasis on reintegrating clients into the community at the earliest possible opportunity.

In its role as a teaching facility affiliated with Queen’s University, MHS participates in the training of students, and a number of professional staff conduct clinical research to contribute to the understanding of mental illness and treatment.

As part of province-wide mental health reform, there will be a gradual shift of some service delivery from hospital to the communities where patients live. The government has committed to reinvestment in community-based services to build an integrated system of mental health services. When restructuring is complete MHS will take on a clearly defined role as a regional provider of specialized services to people with serious mental illness and a regional resource to community agencies.

Adult Treatment & Rehabilitation Program

Inpatient Services

The Adult Treatment & Rehabilitation Services inpatient program provides specialized assessment, treatment and rehabilitation to adults with schizophrenia, mood disorders, personality disorders, and dual diagnosis. Interdisciplinary teams care for inpatients (91 beds) and outpatients in Kingston and southeastern Ontario.

The program has four inpatient units. Two focus on assessment, diagnosis and stabilization for individuals with complex or rare illnesses. The other two have a rehabilitation focus and are dedicated to discharge planning and facilitating the transition to community living. Individuals served often present with a primary psychiatric diagnosis and concurrent developmental delay, addiction, acquired brain injury or other diagnosis that increase the complexity of the care required.

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Outpatient Services

The majority of the Kingston-based outpatient services associated with the Schizophrenia/Rehabilitation Service are co-located at 525 and 533 Montreal Street. This site is easily accessible to clients, many of whom live nearby. The interdependence of the services at 525 Montreal enhances care and promotes efficient use of resources.

- Community Integration ACT Team and Psychosocial Rehabilitation ACT Team
- Community Outreach Team
- Community Connections Recovery Program
- Vocational Rehabilitation Services
- Voices Opportunities and Choices Employment Club (not-for-profit, incorporated affirmative business)

In addition, a Community High Intensity Treatment Team and the Mood Disorders Outreach Team are located at the main Mental Health Services site. The Personality Disorders Outpatient Services is located in LaSalle Mews in downtown Kingston.

Geriatric Psychiatry Services Program

The Geriatric Psychiatry Program provides specialized inpatient treatment and rehabilitation in preparation for discharge, as well as consultation to clients, families and primary care providers through the following services.

Inpatient Services

Two wards provide treatment for older individuals with late onset mental illnesses, cognitive impairment, and behavioural problems. Younger persons with age-related cognitive impairment and behavioural disturbance may also be admitted. The interdisciplinary team provides care for 77 inpatient beds.

Outpatient, Outreach and Consultation Services

- Geriatric Psychiatry Outreach Teams: community-based assessment, consultation, short-term treatment, follow-up; education and community development (urban Kingston, HPE, FLA, LL&G)

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- Psychogeriatric Resource Consultants support staff in long-term care facilities and community agencies that serve older clients with dementia /mental health problems and difficult behaviours (HPE, KFL&A, LL&G)
- Dual Diagnosis Consultation Outreach Team (Belleville, Kingston and Brockville)
- Specialized Geriatric Mood Disorders Service: outreach (North Frontenac) and outpatient clinical services (Kingston-based, serving catchment area).

Forensic Services Program

Forensic Services provides specialized assessment, treatment, rehabilitation, and follow-up to people with severe psychiatric illness who come into conflict with the law. Forensic Services is a 30-bed inpatient program that also provides care and monitoring of clients on an outpatient basis where permitted by the Ontario Criminal Review Board. The program has two main functions: to provide assessment services to the courts and to facilitate the safe return of clients to the community.

Inpatient services - two specialized units

- Both the Forensic Assessment and the Forensic Rehabilitation Service are medium secure and offer a range of assessment, treatment, and rehabilitation to assist with the psychiatric, psychological, educational, social, recreational and vocational needs of clients. The goal of treatment is community reintegration, which is gained through a series of progressive steps and ongoing compliance with supervisory requirements. Length of stay ranges from a few weeks to years.

Outpatient treatment and follow-up

Specialized outpatient services are provided to forensic patients who have community access and to those who live in the community as registered outpatients.

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