Other Specialized Geriatrics services

- Geriatric Outreach Assessment
- Acute Care Consult
- Outpatient Day Hospital
- Geriatric Inpatient Unit
- Geriatric Clinics including:
  - Geriatric Medicine
  - Continence
  - Psychology

Affix label or card here

Specialized Geriatrics
Multidisciplinary Clinic

Contact

Specialized Geriatrics
Multidisciplinary Clinic
St. Mary's of the Lake Hospital site
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Providence Care is funded by the Ministry of Health and Long-Term Care and supported by the South East Local Health Integration Network. There is no charge for Specialized Geriatrics services.

Providence Care

www.providencecare.ca

December 2009

Specialized Geriatrics*

Multidisciplinary Clinic

Comprehensive geriatric assessment and consultation clinic for clients in the community

Providence Care
St. Mary's of the Lake Hospital site

*Affiliated with the Regional Geriatric Programs of Ontario and Queen's University, Kingston

What is the Multidisciplinary Clinic?

The Multidisciplinary Clinic is a resource for seniors who are coping with multiple health problems, as well as their families, and family doctors.

Clients with multiple medical, functional and social issues are seen in a clinic setting by a physician who specializes in the care of the elderly. Additional assessment and input from other disciplines (nursing, occupational therapy, physical therapy, and social work) is available.

Anyone can make a referral. However, the family physician must be notified and approve the referral because he/she plays a key role in follow-up.

The Multidisciplinary Clinic specializes in:

- Assessing each client's issues, needs, concerns and rehabilitation potential
- Physician review of geriatric medical issues and/or medications.
- Linkage to other Specialized Geriatrics and/or community services as appropriate and initiation of treatment whenever possible.

The Multidisciplinary Clinic team works with:

- Clients, family and other caregivers and family physicians

Who may benefit:

- Aged 65 years and older with complex health issues
- Recent decline in managing day-to-day activities
- Difficulty with getting around
- Recent falls or fear of falling
- Concerns about medications
- Recent changes in ability to cope
- Recent changes in social supports and/or caregiver stress
- Multiple admissions to hospital or visits to the emergency department or family physician
- Mood/memory/thinking changes as part of other health changes
- Recent and unexplained changes in health status

Frequently asked questions:

Q. How does the Multidisciplinary Clinic work?

A. A triage nurse calls you or your caregiver to gather preliminary information. Based on this information, the need for each team member's participation is determined. At the clinic appointment you will see a number of professionals. This visit may last up to three hours. The team then works together to develop recommendations for you and your family doctor aimed at helping with current problems and preventing further problems. A final clinic letter is sent to your family doctor.

Q. What might be some of the outcomes of your clinic appointment?

A. Some outcomes might include: further tests to add to our understanding of your health issue, ways to promote more independence, a change in your medication regimen, initiation of a home exercise program, linkage with other community-based services, and/or a short period of rehabilitation in one of the other Specialized Geriatrics services such as the Day Hospital or the Geriatric Inpatient Unit.

Q. What do I do if I have questions?

A. Specialized Geriatrics is interested in what you think. Please ask the clinic nurse if you have specific questions or concerns.