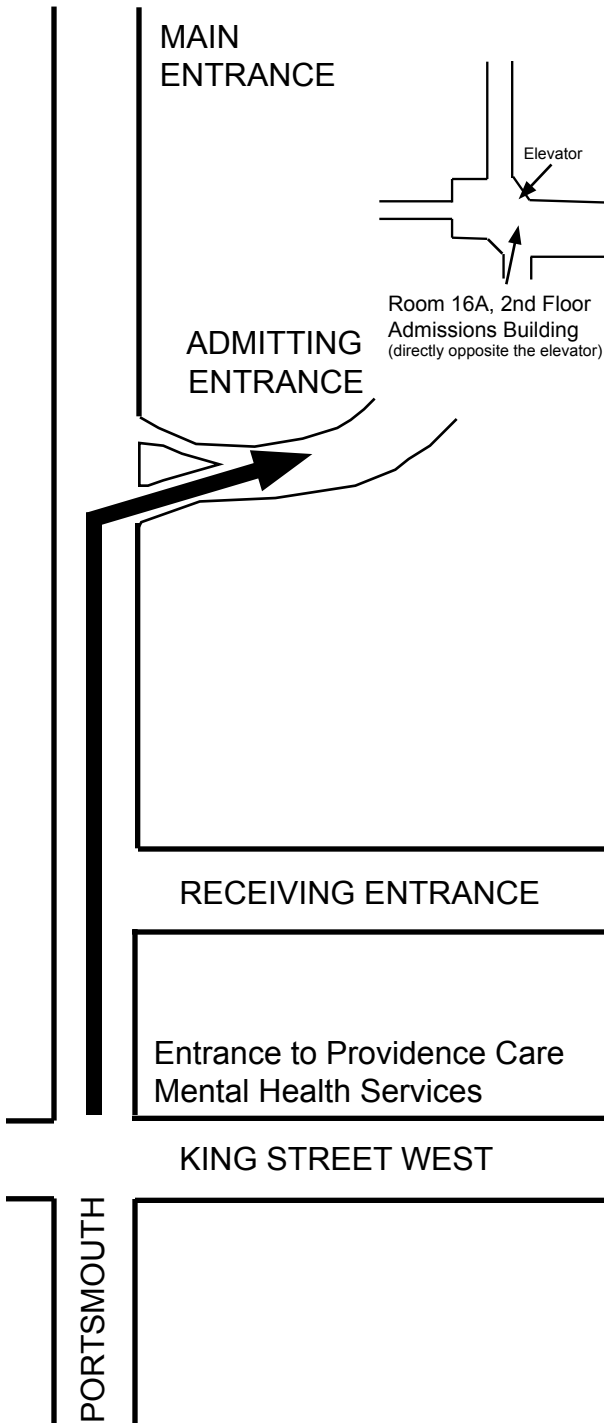


Reporting for Treatment



Providence Care

Our Vision

*Providence Care will lead the way
in compassion and discovery.*

Our Mission

Trusting in Providence and strengthened by the spirit and tradition of our Founders, the Sisters of Providence of St. Vincent de Paul, we enhance the quality of life by meeting the physical, emotional, social and spiritual needs of each person.

We work with our partners to innovate and excel in education and research.

We treat each person with respect, dignity and compassion.

Our Values

*Respect & Dignity ♦ Compassion
♦ Stewardship*

Contact

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Providence
Care
www.providencecare.ca

March 2010

Repetitive Transcranial Magnetic Stimulation (rTMS)



*Information for patients
receiving treatments*

Providence
Mental Health
Services site
Care

Repetitive Transcranial Magnetic Stimulation (rTMS)

- ◆ Your doctor has ordered Repetitive Transcranial Magnetic Stimulation (rTMS) treatments for you.
- ◆ This brochure will provide information you need to know.

Receiving rTMS Treatment

- ◆ Report any change in your medical condition to the rTMS Team.
- ◆ Advise the rTMS Team if you have been prescribed any new medication.
- ◆ Inform any other healthcare practitioners involved in your care that you are receiving rTMS treatments.
- ◆ Report any possible side effects to your nurses or psychiatrist, so the treatment team can work to reduce them.

On Your Treatment Day

- ◆ Report to the rTMS Clinic, on the second floor of the Admission Building.
- ◆ Each individual treatment lasts 20-30 minutes.
- ◆ Your blood pressure will be taken both prior to and after your treatment.
- ◆ You may be asked to fill out some rating scales to evaluate your symptoms.
- ◆ Please make arrangements with the rTMS staff for your next appointments and please be sure to call the rTMS clinic and rebook should the need arise.
- ◆ You are encouraged to report any discomfort. If at any time you are uncomfortable, let the clinician know and the intensity level will be turned down immediately.
- ◆ You may choose to have a family member or friend accompany you.

After Treatment

- ◆ You may carry on with your usual daily activities.
- ◆ You may continue to take your medications as directed by your doctor.
- ◆ If headache or other side effects persist, discuss this with your doctor.
- ◆ Treatments do not have an immediate effect. Do not be worried if you do not feel better after the first few treatments. Discuss your progress with your doctor.

- ◆ It is important that you understand what you need to do and what to expect.
- ◆ If you have questions please ask your nurse or doctor.