

Volunteer Services Summer Youth Program 2010

St. Mary's of the Lake Hospital and Mental Health Services site

Program Goals: Students will have the opportunity to explore various careers in health care and to build their portfolio while enhancing the quality of life of our patients and clients. The primary goal of the program is to have the youth interact with patients/clients in recreation programs and nursing floors and to ensure that patients/clients can get outside to enjoy the summer weather.

APPLICATION FORMS MUST BE RECEIVED IN THE VOLUNTEER SERVICES DEPARTMENT NO LATER THAN FRIDAY, MAY 14, 2010. Applications received after this date may not be considered.

Minimum age: 13

Minimum commitment: 40 hours over at least 4 weeks during July and August. Any summer volunteer who completes a minimum of 40 hours will receive a letter of reference for their portfolio.

Orientation: is MANDATORY. Date and time will be provided once accepted into the program.

Requirements:

- application form completed in full
- 1 written letter of reference (not related to the candidate, possibilities include teachers, guidance counsellors, neighbours, employers)
- successful interview
- proof of a negative 2 step mantoux (TB) test (if candidate has never had TB test before)

VOLUNTEERING CANNOT BEGIN UNTIL THIS INFORMATION HAS BEEN RECEIVED.
THEREFORE, IT SHOULD BE DELIVERED PRIOR TO ORIENTATION.

Benefits:

Participants will receive the following:

- Letter(s) of reference if 40 hour requirement is completed
- T-shirt (to be worn while volunteering). Cost of \$10
- Voluntary Education Sessions. This is a joint effort between St. Mary's of the Lake Hospital (SMOL), Kingston General Hospital (KGH) and Hotel Dieu Hospital (HDH).

Duties:

Students may be involved in all or some of the positions below. Assignments are based on the student's interests and availability.

Nursing Unit Volunteer (SMOL only)

- assist ward aides with duties as requested
- distributing and collect meal trays
- interact with patients in whatever manner is most appropriate and helpful to both patients and staff including taking patients out to the patio to enjoy the sunshine
- empty linen carts
- fill and distribute water jugs
- give required assistance to patients during lunchtime (training provided at orientation)

Recreation Volunteer (SMOL and MHS)

- assist recreation staff with various programs
- escort patients/clients to and from the activity
- interact with the patients/clients by helping them to participate in the activity

If you have any questions, please contact:

Janet Hunter, Director, Volunteer Services, (613) 548-7222 ext 2177

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