

## Westwood School

Westwood School runs from September through June at MHS. It operates in partnership with the Limestone School of Community Education. A Literacy Instructor and Educational Assistant staff this program.

The school program upgrades client literacy, numeracy and computer skills and offers credit as well as interest courses. In turn, this fosters independence and broadens vocational choices for those receiving instruction and facilitates their access to higher education.

The School Program meets the complex educational needs of MHS inpatients and outpatients suffering severe mental illness. Attendance and program flexibility are key features of this on-site program in which clients study and interact socially in a relaxed and non-threatening environment. In addition to academic achievement, program instructors also encourage the development of good work habits, interpersonal skills and an appreciation of reading and writing as leisure activities.

## Providence Care

is the leading regional provider of compassionate, non-acute health care in southeastern Ontario, and is affiliated with Queen's University. Treating each person with respect, dignity and compassion, we specialize in complex continuing and long-term care, geriatric and rehabilitation programs, mental health services and palliative care.

## Contact

Providence Care  
Mental Health Services site  
752 King Street W.,  
Postal Bag 603,  
Kingston, ON  
K7L 4X3

Providence  
Care

[www.providencecare.ca](http://www.providencecare.ca)



Clinical  
Support  
Services

*An array of services which aids  
physicians in the diagnosis  
and treatment of clients  
receiving care as inpatients and  
outpatients at Providence Care  
Mental Health Services*

Providence  
Mental Health  
Services site  
Care

*The availability of these services on-site is of immense benefit to clients and physicians.*

## Clinical Support Services at the Providence Care Mental Health Services (MHS) site

Healthcare professionals trained and registered in their fields of expertise deliver these “clinical support services” in response to physician requests:

- ♦ diagnostic imaging;
- ♦ electroencephalography;
- ♦ laboratory services;
- ♦ physiotherapy.

Testing and assessment are readily accommodated, shortening turn-around time for results needed for diagnosis and treatment.

Non or poorly-ambulating clients are easily transported to and from clinical support services, avoiding the need for ambulance transfer to downtown hospitals for routine assessments.

### Diagnostic Imaging

The following services are available daily and physicians specializing in radiology and cardiology interpret these painless tests.

- ♦ routine x-ray (radiographic) examinations showing bone structure, lung condition, etc.;
- ♦ electrocardiogram (ECG) recordings which display heart rhythms.

Results are forwarded to referring physicians.

### Electroencephalography (EEG)

A routine EEG is a brainwave recording which requires approximately one hour of a client's time. It is a non-invasive test of brain function, which may demonstrate an organic (physical) problem possibly contributing to a client's psychiatric picture. The EEG is especially helpful in the assessment of existing or potential seizure disorders.

Sometimes, patients participating in certain research initiatives have specialized recordings called Quantified EEG's (QEEG's) which have several components and last up to three hours. These, too, are painless.

EEG testing is done two or three days weekly for inpatients and outpatients of Providence Care facilities in Kingston. Results are interpreted by a neurologist with specialized training in the evaluation of EEG studies and forwarded to referring physicians.

### Laboratory Services

MHS laboratory staff members are available daily for the collection of blood (phlebotomy) and urine samples.

Gathered samples are sent to the appropriate off-site laboratory for testing.

The MHS laboratory staff then conveys test results to referring physicians.

### Physiotherapy Services

Physiotherapists assess and treat conditions that affect a patient's physical function. To reduce pain and maintain or improve strength, endurance, balance and mobility, treatment may include therapeutic exercise and/or other modalities such as ultra sound, traction, heat or cold. Mobility aids such as walkers and wheelchairs also may be prescribed.

To meet the specialized seating needs of patients no longer able to walk independently, a weekly seating clinic is held to determine the most appropriate wheelchair. MHS physiotherapists are authorizers of the Ontario Assistive Devices Program, which helps fund walkers and wheelchairs.