



# Providence Manor

## Contact

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## Vision

*Providence Care will lead the way  
in compassion and discovery.*

## Mission

Trusting in Providence and strengthened by the spirit and tradition of our Founders, the Sisters of Providence of St. Vincent de Paul, we enhance the quality of life by meeting the physical, emotional, social and spiritual needs of each person.

We work with our partners to innovate and excel in education and research.

We treat each person with respect, dignity and compassion.

## Values

Respect & Dignity ♦ Compassion  
♦ Stewardship

Providence  
Care

[www.providencecare.ca](http://www.providencecare.ca)

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- ♦ Long-Term Care
- ♦ Respite Care
- ♦ Hildegarde Centre - Adult Day and Day Away Programs
- ♦ Attendant Care Outreach Program
- ♦ Endymion Program



Providence  
Providence  
Manor site  
Care

# Providence Manor

Providence Manor, one of Providence Care's three main sites, has a proud history of compassionate care since 1861. The 243-bed home in Kingston specializes in long-term care and offers several community programs.

The historic building offers a peaceful setting in the heart of downtown Kingston. Here our residents can enjoy the serene grounds of the Haughian Garden, the casual atmosphere of the pub, various outings to community events or shopping, as well as many fun and stimulating activities to enhance their well-being.

Providence Manor's community programs provide specialized assistance and social opportunities for seniors and people with physical disabilities living in the community.

**Providence Manor is an accredited home through Accreditation Canada.**



## Long-Term Care

Residents of Providence Manor have stable medical conditions; they are not acutely ill, but still require 24-hour nursing care and supervision. Most residents have their own rooms decorated with their own personal touch. A broad range of services, activities and amenities are available - all in a home-like environment. Providence Manor takes a holistic approach to care and encourages residents to work toward their own personal goals for health and quality of life.

Providence Manor also operates a specialized Alzheimer's Unit for those residents who are at risk of wandering due to dementia. A secure outdoor courtyard area, with circular pathway, fountain and landscaped gardens is also available.

## Respite Care

Short-term stays are available for elderly people who are normally cared for at home. Respite care provides caregivers with temporary relief from their care-giving roles. At Providence Manor, the seniors in respite care also benefit from the home's programs and services.

## Hildegarde Centre

The Hildegarde Centre provides an Adult Day Program and a Day Away Program at Providence Manor for frail seniors living in the community. Participants with cognitive or physical impairments participate in stimulating activities to help achieve high levels of independence. The Adult Day Program provides recreational, physical, social and spiritual activities as well as personal care and nutrition services. The Day Away Program takes a similar approach, but is designed for those with Alzheimer's disease. Both programs also function as a respite for those providing care to elderly relatives.

## Attendant Care Outreach Program

This innovative program supports people with physical disabilities to live independently in their own home. Attendants provide homemaking and personal support services.

## Endymion Program

Part of the Attendant Care Outreach Program, Endymion is a supportive living program for those who require 24-hour access to attendant services. Endymion clients live independently in 10 fully-accessible apartments within a large Kingston apartment complex.