

# Social Work

Social workers at Providence Care Mental Health Services provide a wide range of services both in the hospital and the community for severe and persistent mental health problems.



## Contact

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## Providence Care

is the leading provider of compassionate, non-acute health care in southeastern Ontario, and is affiliated with Queen's University. Treating each person with respect, dignity and compassion, we specialize in complex continuing and long-term care, geriatric and rehabilitation programs, mental health services and palliative care.

### Our Vision

*Providence Care will lead the way  
in compassion and discovery.*

### Our Mission

Trusting in Providence and strengthened by the spirit and tradition of our Founders, the Sisters of Providence of St. Vincent de Paul, we enhance the quality of life by meeting the physical, emotional, social and spiritual needs of each person.

We work with our partners to innovate and excel in education and research.

We treat each person with respect, dignity and compassion.

### Our Values

*Respect & Dignity ♦ Compassion  
♦ Stewardship*

# Providence Care

- ♦ Providence Manor
- ♦ Mental Health Services
- ♦ St. Mary's of the Lake Hospital in Kingston, plus a number of community locations throughout southeastern Ontario

[www.providencecare.ca](http://www.providencecare.ca)

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# Social Work



*Enhancing the well-being of  
individuals, families, groups  
and communities.*

# Providence Care

Mental Health  
Services site

# What is social work?

- ◆ Social work is a profession concerned with helping individuals, families, groups and communities to enhance their well-being.
- ◆ Social work aims to help people develop their skills and their ability to use their own resources and those of the community to resolve problems.
- ◆ Social work is concerned with individual and personal problems but also with broader social issues such as stigma, poverty, unemployment and domestic violence.



## What do social workers do?

At Providence Care's Mental Health Services site social workers provide a wide range of services both in the hospital and the community for severe and persistent mental health problems such as depression, anxiety, bipolar disorders, schizophrenia, personality disorders, and dementia. Social workers provide:

- ◆ psychosocial assessment
- ◆ counselling/psychotherapy for individuals, couples, families and groups
- ◆ individual/family/group psychoeducation
- ◆ case management
- ◆ discharge planning (includes help obtaining financial support, housing, community referrals)
- ◆ supervision, teaching & research
- ◆ consultation
- ◆ community capacity building
- ◆ social action

## How can I talk to a social worker?

Most of the health care teams at Mental Health Services have a social worker. Ask your doctor or any member on the team to speak to yours.

## Are there standards of practice for social work?

- ◆ The Ontario College of Social Workers and Social Service Workers regulates social work practice in Ontario. All Mental Health Services social workers are registered with the College and possess a Bachelor's or Master's degree in Social Work.
- ◆ All social workers at Mental Health Services have agreed to follow the Code of Ethics and Standards of Practice of the Ontario College of Social Workers and Social Service Workers.