

LEARNING SESSION OVERVIEW

CORE COMPETENCIES

ENHANCING QUALITY OF LIFE

	C1	C2	C3	C4	C5	C6
A New Phase - Planning Your Life After Retirement					●	
CPR - Level C (Basic Rescuer)				●		
CPR - Level C (Basic Rescuer) - Renewal				●		
CPR/Automated External Defibrillation/Bag-Valve-Mask				●		
First Aid/CPR Standard Level First Aid				●		
First Aid Standard Level First Aid				●		
Gentle Persuasive Approaches (GPA) to Dementia Care				●		
Nurse Education Learning Series		●				
Psychotropic Medication Review		●				
Retirement Under the HOOPP Plan					●	

LIVING OUR VALUES

Balance in Life	●					
Coping With Change in the Workplace				●		
Ethics						●
Motiv8 Workplace Series						●
P.I.E.C.E.S. Program				●		
Sleep and Restfulness			●			
The 7 Habits of Highly Effective People Series						●
Values Education						●

FOSTERING A LEARNING ENVIRONMENT

New Employee Welcome	●		●			
Leadership Development Program (LDP)	●	●	●	●	●	●
Project Management				●		
Tips on Writing a Great Briefing Note				●		
Writer's Toolkit					●	

STRENGTHENING OUR RELATIONSHIPS

Excelling as a Nurse Leader in Long-Term Care Certificate Program		●				
How to Set Boundaries and Be Assertive			●			
Managing and Motivating a Multiple Generation Workforce			●			
Managing Stress	●					
Management Wednesday Learning Sessions	●	●	●	●	●	●
Navigating Through Conflict			●			
Patient and Family Centered Care (PFCC)		●				

ENHANCING HEALTH SYSTEMS EFFICIENCY AND EFFECTIVENESS

Applied Physical Training (APT)		●				
Crisis Prevention Institute (CPI) Video Series		●				
Intranet Authorship Training					●	
Intranet Authorship Training - Advanced					●	
Microsoft Word, Excel, PowerPoint and Outlook					●	
National Food Safety Training Program					●	
New User Basic Computer Training					●	
Non-Violent Crisis Intervention (NCI)		●				
Non-Violent Crisis Intervention (NCI) Recertification		●				
Required Operational Practices (ROP) Training				●		
Specialized Geriatrics Lunch and Learns					●	