

The following is the proper sequence of procedures to follow when entering and exiting a room with Additional Precautions.

NOTE: Contact Precautions = Gown and gloves
 Droplet Precautions = Mask with eye shield
 Droplet and Contact = Gown, gloves and mask with eye shield
 Airborne Precautions = N95 Respirator and eye protection
 Airborne and Contact = N95 Respirator, eye protection, gown and gloves

Entering:

- a) Perform hand hygiene.
- b) Put on gown.
 - ◆ Unfold the gown. Hold the gown so that the opening faces you.
 - ◆ One arm at a time, don the gown.
 - ◆ Pull the gown up over the shoulders. Tie the neck strings so that the gown overlaps.
 - ◆ Tie the waist strings so that the gown ends overlap.
- c) Put on mask with eye protection (Blue Primed Mask stores #015088)
 - ◆ Place loops over each ear.
 - ◆ Position the mask to cover both mouth and nose.
 - ◆ Bend the nose bar over the bridge of the nose.
 - ◆ If required, adjust to prevent gaps between the mask and face by placing fingers between mask and eye shield and press nose bar tight.

IF AIRBORNE - Apply N95 Respirator (that staff has previously been fit-tested for)

 - ◆ Prestretch straps before placing mask on the face & place index finger between straps.
 - ◆ Cup the mask in your hand, and position the mask under your chin with the nosepiece up. Pull the top strap over your head, resting it high at the top back of your head. Pull the bottom strap over your head and position it around the neck below the ears.
 - ◆ Place your fingertips from both hands at the top of the metal nosepiece. Using two hands mold the nose area to the shape of your nose by pushing inward while moving our fingertips down both sides of the nosepiece.
 - ◆ Perform a user Fit Check prior to entering the room.
 - ◆ DO NOT enter the isolation area if you cannot achieve a proper seal. See your supervisor.
 - ◆ Apply eye protection.
- d) Put on gloves.
 - ◆ Select appropriate size and pull the gloves up to cover the cuffs of the gown.

Remember: Keep gloves “task specific”
Gowns and masks are single use only

Cont'd from reverse ...

Exiting:

a) Take off gloves. *Remember: Glove to Glove, Skin to Skin*

- ◆ Pinch one glove below the cuff.
- ◆ Pull glove so that it turns inside out as you remove it.
- ◆ Slide ungloved finger under cuff on remaining glove.
- ◆ Pull down toward fingertips and off hands over removed glove.
- ◆ Discard contaminated gloves.

b) Remove gown. *Remember: Clean to Clean, Dirty to Dirty*

- ◆ Untie the waist strings of the gown first.
- ◆ Untie the neck strings of the gown.
- ◆ Remove the gown without touching the outside of the gown. Place a forefinger under cuff of sleeve and pull sleeve down over hand.
- ◆ With hand inside first sleeve, draw second sleeve down over hand.
- ◆ Slip out of gown.
- ◆ Discard it carefully in laundry (or, if disposable, in garbage).

c) Perform hand hygiene.

d) Remove Mask or N95 Respirator.

- ◆ Remove Eye protection (if wearing N95 Respirator).
- ◆ Remove one ear loop and then the other for mask.
- ◆ Remove one strap and then the other for the N95 Respirator.
- ◆ Pull mask / Respirator down and away from face.
- ◆ Discard it into waste container.

e) Perform hand hygiene.

Remember:

**Keep gloves “task specific”
Gowns and masks are single**

