



Providence Care - Mental Health Services

We operate in partnership with Lennox & Addington Community Mental Health Services. We are proud to be part of a complex care system in order to provide compassionate and excellent care.

Funding

Our programs are funded by the Ministry of Health and Long-Term Care. There is no cost to our clients.

How to refer

Referrals can be forwarded to Terry Mauer (Intake Coordinator)
613-548-5567, ext. 5409.

Referrals accepted from General Practitioners and Mental Health Clinicians.

Contact Information

Providence Care
Mental Health Services site
752 King Street West
Postal Bag 603
Kingston, ON
K7L 4X3

Providence
Care

www.providencecare.ca

June 2008

Mood Disorders Research & Treatment Service Outreach Program

*Comprehensive Consultation,
Assessment and Treatment*

Providence
Mental Health
Services site
Care

Mood Disorders Research and Treatment Service - Outreach Program

- ◆ Providing comprehensive consultation, assessment, treatment and limited follow-up of adults with severe and persistent mood disorders.
- ◆ Service is provided in the patient's residence.
- ◆ Collaboration, coaching and patient based consultation with local service providers are also offered by the team to enhance local practitioners' ability to service their mood-disordered patients.
- ◆ Treatment modalities including supportive psychotherapy, cognitive behavioural therapy, and interpersonal psychotherapy (individual and groups).

Eligibility

Adults (16 years) of age or older with severe and persistent treatment refractory mood disorders.

Exclusion Criteria

- ◆ Active substance abuse
- ◆ Developmental disability
- ◆ Primary diagnosis of psychotic disorder (Schizophrenia).



Lto R: Dr. Ruzica Jokic and Kathy Heer

Statement of Purpose

- ◆ To provide clinical service (assessment, treatment and limited follow-up) to patients with severe and persistent mood disorders referred by general practitioners and mental health clinicians.
- ◆ To collaborate and consult with community service providers about mood disordered patients.
- ◆ To engage with community partners in collaborative education relevant to their mood disordered patients' needs.

Hours

Monday-Friday
8:30 a.m. to 4:30 p.m.

Who we are:

Dr. Ruzica Jokic
Psychiatrist, MD, FRCP(C)

Kathy Heer
Community Nurse, RN
CPMHN(C)