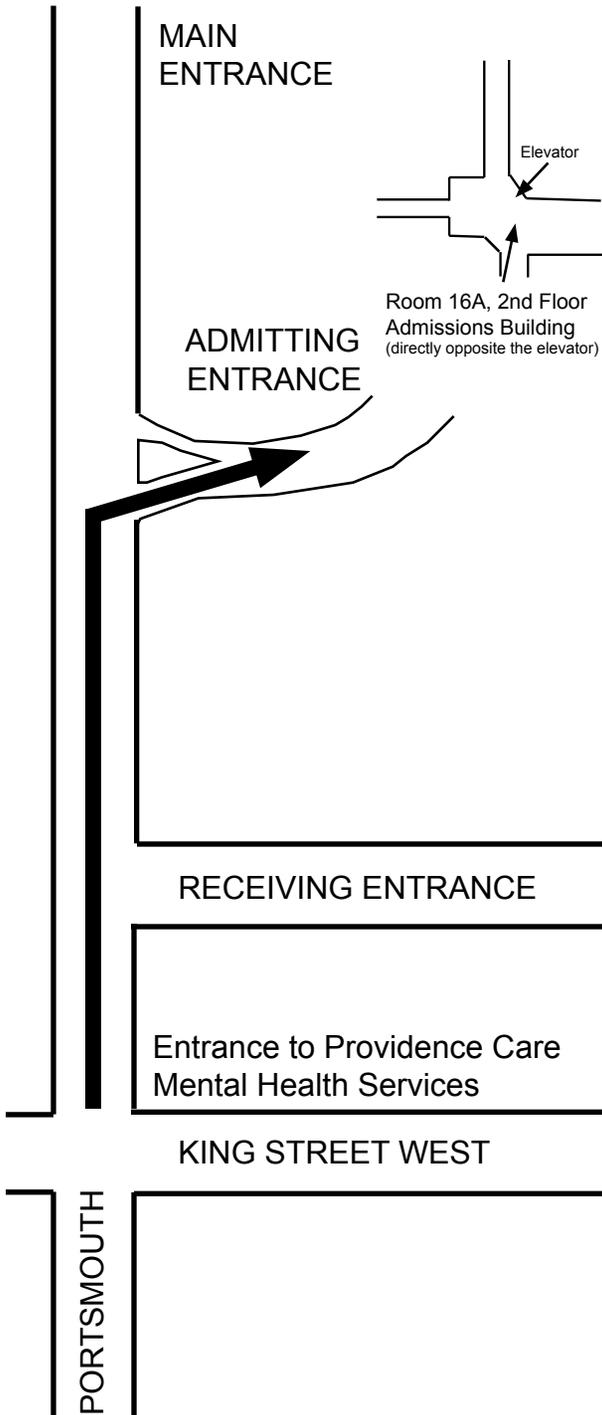


Reporting for Treatment



Providence Care

Our Vision

Providence Care will lead the way in compassion and discovery.

Our Mission

Trusting in Providence and strengthened by the spirit and tradition of our Founders, the Sisters of Providence of St. Vincent de Paul, we enhance the quality of life by meeting the physical, emotional, social and spiritual needs of each person.

We work with our partners to innovate and excel in education and research.

We treat each person with respect, dignity and compassion.

Our Values

*Respect & Dignity ♦ Compassion
♦ Stewardship*

Contact

Providence Care
Mental Health Services site
752 King Street West
Kingston, ON K7L 4X3

Tel 613-548- 5567
Clinic Nurse extension 5782
Fax 613-548-5588

Providence
Care
www.providencecare.ca

March 2009

Electroconvulsive Therapy (ECT)

*Information for
outpatients receiving
Electroconvulsive
Therapy treatments*

Providence
Mental Health
Services site
Care

Electroconvulsive Therapy (ECT)

- ◆ Your doctor has ordered Electroconvulsive Therapy (ECT) treatments for you.
- ◆ This brochure will provide information you need to know.

Receiving ECT Treatment

- ◆ Report any change in your medical condition to the ECT Team.
- ◆ Advise the ECT Team if you have been prescribed any new medication.
- ◆ Inform any new doctor you happen to see that you are receiving ECT treatments.
- ◆ Report any possible side effects to your nurses or psychiatrist, so the treatment team can work to reduce them.

On Your Treatment Day

- ◆ Report to the ECT Clinic, on the second floor of the Admission Building. If directed, report to the Mood Disorder Inpatient Unit, beside the Clinic.
- ◆ **Do not drive any motor vehicle on your treatment day. A responsible relative or friend should accompany you to the hospital and take you home following treatment.**
- ◆ **Do not eat or drink after midnight prior to treatment.**
- ◆ Do not drink any alcoholic beverages within 24 hours prior to or after the treatment.
- ◆ Do not take medication you usually take in the morning, unless directed by your doctor and then only with small sips of water.
- ◆ Do not smoke for at least one hour prior to and after treatment.
- ◆ Wash your hair the night before (oily hair may interfere with the procedure).
- ◆ Wear clothing with a loose neckline and sleeves. You may be asked to change into a hospital gown.
- ◆ Remove makeup, bobby pins, hairclips and nail polish.
- ◆ Remove jewelry and watch.
- ◆ Remove dentures or contact lenses, should you wear them, just prior to treatment.
- ◆ Empty your bladder prior to treatment.

After Treatment

- ◆ You will be looked after by the ECT Team. Expect to remain in the hospital for up to four hours.
- ◆ A responsible relative or friend must accompany you home and stay with you for the rest of the day.
- ◆ You may be drowsy, have a headache or nausea following the treatment. These symptoms generally subside after you eat.
- ◆ If nausea or headache persists, discuss this with your doctor.
- ◆ Treatments do not have an immediate effect. Do not be worried if you do not feel better after the first few treatments. Discuss your progress with your doctor.

- ◆ It is important that you understand what you need to do and what to expect.
- ◆ If you have questions please ask your nurse or doctor.