

Non-clinical activities:

Research and Evaluation

Care providers link with evaluators and researchers to identify and promote evidence-based, high quality care and enhanced processes.

Education and Capacity Building

We enhance knowledge exchange through education, training and mentoring within academic settings and in community practices.

Health System Integration

We link with key regional and provincial networks, seniors, caregivers and care providers to assist with access and navigation through services and resources.

Health Service Innovation

We support primary care reform, family health teams, chronic disease management, elder-friendly hospitals, integrated service plans and shared care models.



Contact

Specialized Geriatrics
St. Mary's of the Lake Hospital site
Providence Care
340 Union St.
P.O. Box 3600
Kingston, ON K7L 5A2

Tel: 613-544-7767
Toll free: 1-800-214-5848
Fax: 613-544-4017

Providence
Care

www.providencecare.ca

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Specialized Geriatrics*



Leaders in comprehensive geriatric assessment, short-term treatment, rehabilitation services, consulting, educating, evaluating and research in the care of the elderly

Providence
St. Mary's of the
Lake Hospital site
Care

*Affiliated with the Regional Geriatric Programs of Ontario and Queen's University, Kingston

What we do:

We provide specialized geriatric multidisciplinary services throughout southeastern Ontario. The catchment area of Specialized Geriatrics includes Hastings, Prince Edward, Lennox & Addington, Frontenac, Leeds & Grenville and parts of Lanark and Northumberland Counties.

Operated from St. Mary's of the Lake Hospital, these specialized geriatric services range from hospital to home. We seek to optimize the health of seniors in the region by working in collaboration with clients, families/caregivers, family physicians, community service providers and others.

Who may benefit:

- ◆ Aged 65 years and older with complex health issues
- ◆ Recent decline in managing day-to-day activities
- ◆ Difficulty with getting around
- ◆ Recent falls or fear of falling
- ◆ Concerns about medications
- ◆ Recent changes in ability to cope
- ◆ Recent changes in social supports and/or caregiver stress
- ◆ Multiple admissions to hospital or visits to the emergency department or family physician
- ◆ Mood/memory/thinking changes as part of other health changes
- ◆ Recent and unexplained changes in health status

The goal

Reduce the burden of disability, associated with frailty, by detecting and treating reversible conditions and recommending optimal management of chronic conditions.

The need

Frail seniors with complex health problems have unique needs and present specific challenges for accurate diagnosis, assessment and treatment.

The benefits

- ◆ Autonomy, functional ability and quality of life for seniors and their caregivers
- ◆ Prevention of frailty and its complications
- ◆ Improved clinical efficiencies in acute care
- ◆ Enhanced capacity of health care providers to assess and treat frail seniors

Clinical Services:

Assessment

Outreach: Assessment within the client's own home, whether that be in the community or an institutional setting.

Acute Care Consult: Inpatient consultation, assessment, care planning and recommendations at Kingston General Hospital and Hotel Dieu Hospital.

Clinics: Specialized geriatric assessment, diagnostics and treatment. Clinics include: Geriatric Medicine, Psychology, Continence and Multidisciplinary.

Rehabilitation

Day Hospital: half-day outpatient assessment and rehabilitation at St. Mary's of the Lake Hospital.

Inpatient Unit: 16-bed unit for assessment, short-term rehabilitation and treatment at St. Mary's of the Lake Hospital.

Providence Care is funded by the Ministry of Health and Long-Term Care and there is no charge for Specialized Geriatric services.